

FITNESS COORDINATOR NEEDED



The YMCA is dedicated to promoting health, wellness, and an active lifestyle for our members. We provide high-quality fitness programs and services that empower individuals to reach their fitness goals. We are currently seeking a motivated and knowledgeable Fitness Coordinator to oversee fitness programs, ensure the highest level of service, and create an engaging wellness environment for our community. **This position is part-time, approx. 15-25 hrs. per week.**


Responsibilities Include, but not limited to:

- ✓ Teaching group fitness classes.
- ✓ Facilitating Cardiac Rehab phase 3.
- ✓ Conducting new member fitness orientations.
- ✓ Personal training.
- ✓ Engage with members to promote fitness services and encourage participation.
- ✓ Ensuring that members receive exceptional fitness services.

Qualifications:

- ✓ Previous experience in fitness instruction, training, or program coordination is a plus, but not required.
- ✓ Strong leadership and organizational skills.
- ✓ Excellent communication and interpersonal skills.
- ✓ Ability to motivate and inspire individuals in their fitness journey.
- ✓ CPR/AED certification (or willingness to obtain).

Contact Dan at:  dhaynes@nishnavalleymca.com

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